

Department of Corrections

Rehabilitation & Psychology Programmes Information

June 2025 – June 2026



Table of Contents

Page 3	Programme attendance/ barriers/ exits.
Pages 4 – 24	Rehabilitation Programmes (medium intensity)
Pages 25 – 52	Psychology Programmes (including sexual offending)

Programme Attendance

Programmes are provided to men and women who meet the eligibility criteria for specific programmes and are considered suitable. For example, they are motivated to attend and can work well within a group environment. Programmes are delivered across Corrections sites, but not every programme is available in every prison or community site. Therefore, an individual may be required to transfer to another unit or prison to complete their recommended programme.

Barriers to Attendance

Potential barriers to attending programmes include both internal factors (e.g., low motivation to attend, refusal to acknowledge offending and the need for engagement in rehabilitation for that offending, poor health, recent behavioural issues) or external factors (e.g., security classification, misconducts, active charges). Custodial staff and programme providers looking to offer places to men and women in their programmes and therapeutic focused units must maintain a safe environment for the participants and staff alike to achieve the best results for those in attendance.

Participants need have the appropriate security classification for the facility or unit in which the programme is delivered. Not all programmes are available in higher security environments.

Exits

To maintain the effective treatment environments, unsafe or rule-breaking behaviour must be managed. This ensures the best possible outcomes for those in attendance. In general, across all programmes, the considerations to remove someone from a programme will fall into the following categories:

- Dangerous or unsafe behaviour towards others (stand overs, physical violence).
- Unmotivated or disruptive behaviour (failure to complete and engage with course work, acting out in sessions).
- Contraband found or used.
- Drug taking
- Harassment (mental, physical/ sexual).
- Exceeding the number of permitted absences.

Medium Intensity Rehabilitation Programmes

Scheduling

Scheduling of programmes is largely undertaken by individual sites and is the responsibility of the regions. Many programmes depend on the availability of specialist trained practitioners.

Mauri Tū Pae (MTP) at Te Tirohanga and NRCF

This is a bicultural rehabilitation programme and is considered an equivalent to the Medium Intensity Rehabilitation Programme (see page 11). This programme includes a specific Māori cultural perspective and builds on a foundation provided by the kaupapa of the Te Tirohanga Units and Tikanga Māori educational programmes.

The objective of this programme is to assist tāne to understand how their thoughts, attitudes and behaviours led to their offending and assist them to develop strategies for maintaining any positive change. It includes constructing an offence map, challenging attitudes, and thinking that support offending, managing emotions, managing relationships, and managing conflicts, as well as developing safety plans. This is done with a Māori cultural lens.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue.
- Interpersonal skill deficits and relationship difficulties.

TARGET GROUP

Mauri Tū Pae is a group-based programme, delivered by Māori service providers, for men with a range of offending needs.

ELIGIBILITY CRITERIA

- Age – Any
- Gender – Male
- Medium risk of re-offending following the sentence being imposed (RoC*RoI 0.3 to <0.7)
- Offence Type - Any offence type that is not of a sexual nature may be eligible. Individuals whose index offending is for 3rd or subsequent Alcohol or Drug related driving, with a RoC*RoI below 0.3, are automatically eligible for an over-ride into the programme.
- Culture – open to all cultures and nationalities

SECURITY CLASSIFICATION

- Minimum to Low Medium at Waikeria, Hawkes Bay, Whanganui, and NRCF
- Minimum to Low at Tongariro for those on segregation

LOCATIONS AVAILABLE

Prison: Mauri Tū Pae is offered as phase two of Te Tirohanga located in units at Tongariro Prison, Waikeria Prison, Whanganui Prison, and Hawkes Bay Regional Corrections Facility. It is also offered as a standalone programme at Northland Region Corrections Facility (NRCF).

DURATION

- Mainstream - 55 sessions @ 2.5 hours; a total of 137.5 hours.
- Segregated - 55 sessions @ 2.5 hours; a total of 137.5 hours.

Mauri Tū Pae Maintenance Programme (MTPMP)

Mauri Tū Pae and its Maintenance Programme are based upon a bicultural foundation guided by the cycle principles of Mauri:

Mauri Noho (Languishing Mauri), **Mauri Tū** (Restoring Mauri), **Mauri Oho** (Flourishing Mauri), and **Mauri Tū Pae** (Fully Restored, Flourishing and Maintained Mauri) (M Durie).

The overarching goal of the programme is to increase wellbeing and reduce re-offending.

These are achieved through three ngā whāinga/goals:

1. **Whakaohoho:** To help tāne maintain their motivation to change/remain in Mauri Tū Pae.
2. **Arotake me Whakapakari:** To help tāne review and consolidate skills and mātauranga learnt on the programme by applying them to situations in their life post-programme. Practicing and applying skills will support Mauri Tū Pae and wellbeing.
3. **Taunaki:** To help tāne with needs they may continue to have post-programme and identify further support networks or skills which may help them manage these needs.

The Maintenance Programme is delivered within prisons with follow-up sessions in the community. It consists of:

1. Monthly 1.5-hour group sessions to be facilitated at sites that deliver Mauri Tū Pae. The number of sessions attended remains flexible for individuals based on their Sentence Plan. These sessions are optional but may be subject to recommendations to engage in sessions. Be aware that not all graduates will have the availability to this service.
2. Three required individual sessions. These are to be delivered in the community once released. However, the first of the three sessions may be delivered directly prior to release. These sessions are a compulsory component of the programme and required to complete the Programme. The sessions may involve whānau and can be delivered virtually or in-person, and at non-corrections community sites (e.g., marae, home, etc.).

TARGET GROUP

Mauri Tū Pae Maintenance Programme uses group, individual and whānau-based sessions both in prison and in the community. It is delivered by Māori service providers, for men who have completed Mauri Tū Pae programme on their current sentence.

ELIGIBILITY CRITERIA

To be eligible for placement on the Mauri Tū Pae Maintenance Programme, individuals must have successfully completed a Mauri Tū Pae Programme on their current sentence. If an approved override was made to attend the Mauri Tū Pae Programme this remains in effect for Mauri Tū Pae Maintenance Programme.

Note:

- Occasionally participants can complete Mauri Tū Pae but are then further recommended other programmes or treatment on the same sentence. In the case that they repeat a Medium Intensity Programme, or are referred to psychologists (e.g., to complete an STU programme), they may no longer be eligible/appropriate for MTPMP.
- Those who started but did not finish Mauri Tū Pae are not eligible (e.g., exited).
- Individuals who have completed a Mauri Tū Pae programme on a previous sentence are not eligible for referral to Mauri Tū Pae Maintenance unless the full programme is undertaken again.
- Individuals who have completed a rehabilitation programme other than the Mauri Tū Pae (e.g. Medium Intensity Rehabilitation Programme – MIRP; Saili Matagi; Special Treatment Unit for Tāne with Violent Offending – STU:VO) are not eligible for this programme.
- Individuals who have completed stand-alone alcohol and other drug programmes (e.g., the Intensive Treatment Programme - ITP; Drug Treatment Programme – DTP; or Tāmaua te Koronga Youth Focused AOD programme) but not Mauri Tū Pae are not eligible for this programme.
- Individuals who are located in the Te Tirohanga units but have not yet completed the Mauri Tū Pae programme are not eligible for this programme.

COMPLETION CRITERIA – IMPORTANT

To complete the programme, **only the individual community sessions are compulsory**. All graduates have access to community sessions, whereas some prison graduates may not have access to prison-based sessions due to availability, movements, etc.

LOCATIONS AVAILABLE

- **Prison:** Each graduate will be automatically opted into a rolling group MTPMP delivered monthly at the sites which deliver Mauri Tū Pae programme. They are **not required**, so people can opt out, or be unable to attend (e.g., at a different site).
- **Community:** Each graduate will be referred for three individual maintenance sessions in the community with Mauri Tū Pae (MT providers). These are **required for completion**. More sessions are possible on a case-by-case basis. All participants return to the provider who delivered their MTP programme. In some cases, this may mean remote delivery.

DURATION

- **In prison:** No minimum or maximum amount. Monthly sessions to be offered at sites which deliver Mauri Tū Pae programme (only).
- **In community:** Three individual maintenance sessions. These can include whānau and be delivered via technology or kanohi ki te kanohi (face to face). More sessions available on request.

TIMING

- Tāne are referred to prison monthly sessions after programme completion.
- Tāne are referred to community sessions on release.

Medium Intensity Rehabilitation Programme (MIRP)

The Medium Intensity Rehabilitation Programme (MIRP) assists men to alter the thoughts, attitudes and behaviour that led to their offending, and aids them to develop strategies for maintaining any positive changes.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue.
- interpersonal skill deficits and relationship difficulties.

TARGET GROUP

The MIRP is a group-based programme for men aged 20 years and above with a medium risk of re-offending and identified rehabilitation needs.

ELIGIBILITY CRITERIA

- Age: 20 years or older at the start of the programme
- Gender: Male
- Risk: Medium risk of re-offending following the sentence being imposed (RoC*RoI 0.3 to <0.7)

Specific eligibility:

- Individuals with an index offence of domestic violence and a RoC*RoI between 0.5-0.69 should be referred to MIRP rather than the Family Violence Programme.
- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme.

- Individuals serving a custodial sentence of Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and need to be referred to Psychological Services for intervention.
- Individuals who have an index sexual offence are not normally eligible for entry into the programme; however, those with historic sexual convictions may be accepted into the programme on a case-by-case basis, in consultation with Psychological Services.
- Individuals with (non-sexual) offences against children will be considered on a case-by-case basis and requires consultation with Psychological Services.
- Individuals whose index offending is for 3rd or subsequent Alcohol and Drug related driving offences with a RoC*RoI below 0.3 are automatically eligible for the programme.

SECURITY CLASSIFICATION

Minimum to High, and appropriate to the facility where the programme is held.

LOCATIONS AVAILABLE

All Prison and some community sites.

DURATION

14 weeks, 53 sessions, 4 times a week for 2.5 hours; 132.5 hours total

Short Rehabilitation Programme for Men

The Short Rehabilitation Programme for Men (SRP- M) assists men to alter the thoughts, attitudes and behaviour that led to their offending, and aids them to develop strategies for maintaining any positive changes.

The programme content is responsive to the cultural needs of Māori tāne. This includes the use of Te Whare Tapa Whā model of balance and well-being.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue.
- interpersonal skill deficits and relationship difficulties.

TARGET GROUP

The SRP- M is a small group programme for males aged 20 years and above with a medium risk of re-offending and identified rehabilitation needs.

Men should only be referred for an SRP- M when they are in locations where the Medium Intensity Rehabilitation Programme (MIRP) is unable to be provided, or there are barriers which would preclude them from attending a MIRP e.g. insufficient time remaining on their sentence. The programme is run in small groups of no more than four participants.

ELIGIBILITY CRITERIA

- Age – 20 years of age or older
- Gender – Male
- Medium risk of re-offending following the sentence being imposed (RoC*RoI 0.3 to <0.7)

Specific eligibility:

- Individuals with an index offence of domestic violence and a RoC*RoI between 0.5-0.69 should be referred to MIRP rather than the Family Violence Programme.
- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme.
- Individuals serving a custodial sentence of Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and need to be referred to Psychological Services for intervention.
- Individuals who have an index sexual offence are not normally eligible for entry into the programme; however, those with historic sexual convictions may be accepted into the programme on a case-by-case basis, in consultation with Psychological Services.
- Individuals with (non-sexual) offences against children will be considered on a case-by-case basis and requires consultation with Psychological Services.
- Individuals whose index offending is for 3rd or subsequent Alcohol and Drug related driving offences with a RoC*RoI below 0.3 are automatically eligible for the programme.

SECURITY CLASSIFICATION

Appropriate to the facility where the programme is held, excluding men with a maximum-security classification.

LOCATIONS AVAILABLE

Prison (All sites except for SHCF) and community.

- *Note this will also start to be delivered to remand convicted populations from September 2025, with the first pilot sites being Manawatū and Rimutaka*

DURATION

24 sessions of 2.5 hours, 2 to 4 days a week

Saili Matagi

Saili Matagi assists men to identify and change beliefs, attitudes and behaviours that have resulted in violent offending. The programme aims to reduce intergenerational violence and the likelihood of re-offending. The programme is based on the Pacific nations' cultural principles and delivered through a "proverbial language" approach. The therapeutic approach incorporates Pasifika Matua within the delivery of group sessions to transfer the cultural values, beliefs and concepts that are familiar to men of Pasifika cultures.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs as a rehabilitation need.
- interpersonal skill deficits and relationship difficulties

TARGET GROUP

Saili Matagi is a group-based programme for men who identify as being of Pacific descent.

ELIGIBILITY CRITERIA

- Age: 20 and over
- Gender: Male
- Risk: Medium risk of re-offending following the sentence being imposed (RoC*RoI 0.3 to <0.7)

Specific Eligibility:

- Individuals serving Preventative Detention sentences are not eligible and need to be referred to Psychological Services for intervention.
- Those with sexual offences are not normally eligible for entry into the programme. However, individuals with historical sexual convictions may be accepted into the programme on a case-by-case basis in consultation with Psychological Services.
- Individuals whose index offending is for 3rd or subsequent Alcohol and or Drug related driving offences, with a RoC*RoI below 0.3 are automatically eligible for override into the programme.

SECURITY CLASSIFICATION

Minimum to Low Medium

LOCATIONS AVAILABLE

Spring Hill Corrections Facility

DURATION

17 weeks, 55 sessions, 4 times a week for 2.5 hours.

Kōwhiritanga

The Kōwhiritanga programme for women helps participants examine the cause of their offending and develop specific skills to reduce the likelihood of them re-offending. The programme content incorporates a relational approach, taking into account the different ways that women relate to others and form attachments.

Key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue.
- relationship difficulties

Other factors considered are the abuse and victimisation of the women themselves, and substance abuse as they relate to the offence process. However, when these issues are identified as needs, the women are referred to specialist services.

TARGET OFFENDER GROUP

Kōwhiritanga is a group-based programme for female participants with identified rehabilitation needs.

ELIGIBILITY CRITERIA

- Age: Any
- Gender: Female
- Risk: Women under 0.5 RoC*RoI are considered automatically eligible.
- For women above 0.5 RoC*RoI referral for psychological assessment is required. Only those recommended as suitable by the psychologist will be considered eligible to attend. When a psychologist and a facilitator co-deliver Kōwhiritanga (see KOW Psy led) women of all risk bands are considered eligible.
- When Kōwhiritanga is delivered by two facilitators, only women under 0.5 RoC*RoI will be considered automatically eligible.

Specific criteria:

- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme.
- Individuals serving a custodial sentence of Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and need to be referred to Psychological Services for intervention.
- Women convicted of sexual offences are not normally eligible for entry into the programme. However, those with historical sexual convictions may be accepted into the programme on a case-by-case basis in consultation with Psychological Services.
- Women with (non-sexual) offences against children will be considered on a case-by-case basis and require consultation with Psychological Services.
- Women whose index offending is for 3rd or subsequent Alcohol and or Drug related driving offences with a RoC*RoI below 0.3 are eligible for override into the programme.

SECURITY CLASSIFICATION

Appropriate to the facility where the programme is held.

LOCATIONS AVAILABLE

All women's prisons and community. *Please note if an adequate cohort for Kōwhiritanga is unable to be brought together then an SRP-W will be run to meet their treatment needs.*

DURATION

- Prison: 15 weeks, 56 sessions of 2.5 hours for 4 times per week
- Community: 10 weeks, 40 sessions of 2.5 hours for 4 times per week in the community

Short Rehabilitation Programme for Women

The Short Rehabilitation Programme for Women (SRP-W) helps participants examine the cause of their offending and develop specific skills to reduce the likelihood of them re-offending. The programme content incorporates a relational approach, taking into account the different ways that women relate to others and form attachments.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- Offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitative need and a health issue
- relationship difficulties

Other factors considered are the abuse and victimisation of the women themselves, and substance abuse as it relates to the offence process. However, when these issues are identified as needs, the women are referred to specialist services.

TARGET GROUP

The Short Rehabilitation Programme for Women is a rehabilitation programme that targets women. The programme is run in a small group of no more than four participants. Women should only be referred for an SRP-W when they are in locations where a Kōwhiritanga programme is unable to be provided, or where there are barriers which would preclude them from attending a Kōwhiritanga programme e.g. insufficient time remaining on their sentence to complete a Kōwhiritanga programme, or inability to work in a large group setting.

ELIGIBILITY CRITERIA

- Age: Any
- Gender: Female
- Risk: Women under 0.5 RoC*RoI are considered automatically eligible.
- For women above 0.5 RoC*RoI referral for psychological assessment is required. Only those recommended as suitable by the psychologist will be considered eligible to attend.

Specific criteria:

- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme. Persons serving Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and will continue to be referred to Psychological Services for intervention.
- Women convicted of sexual are not normally eligible for entry into the programme. However, women with historical sexual convictions may be accepted into the programme on a case-by-case basis in consultation with Psychological Services.
- Women with (non-sexual) offences against children will be considered on a case-by-case basis and require consultation with Psychological Services.
- Women whose index offending is for 3rd or subsequent Alcohol and or Drug related driving offences with a RoC*RoI below 0.3 are eligible for override into the programme.

SECURITY CLASSIFICATION

Appropriate to the facility the programme is delivered in.

LOCATIONS AVAILABLE

Women's Prison and Community Probation sites.

DURATION

24 sessions of 2.5 hours, 2 to 4 days a week

Maintenance (Relapse Prevention) Programme

The Maintenance programme is a continuation of treatment and aims to assist participants to establish a non-offending lifestyle over time. The programme is based upon the relapse prevention theory and the therapeutic principles of cognitive-behavioural theory. The programme also incorporates cultural aspects including Te Whare Tapa Wha, the model of wellbeing, which can be used by programme facilitators to highlight the importance of lifestyle balance on the alternative pathway.

The key objectives are to:

- maintain motivation to change.
- reduce and stabilise risk factors.
- assist participants to implement the skills learnt in the rehabilitation programmes.
- assist participants manage their offence-related thinking and emotions and
- assist participants to use appropriate coping skills to effectively manage and/or avoid high risk situations.

TARGET GROUP

The Maintenance Programme is a relapse prevention programme for individuals who have completed one of the medium intensity rehabilitation programmes below:

- Medium Intensity Rehabilitation Programme (MIRP)
- Short Rehabilitation Programme for Men (SRP-M)
- Kōwhiritanga for women
- Short Rehabilitation Programme for Women (SRP-W)
- Saili Matagi Programme

ELIGIBILITY CRITERIA

To be eligible for placement on the Maintenance Programme the participant must have successfully completed one of the above-named Medium Intensity Rehabilitation Programmes on their current sentence.

Specific eligibility:

- Young people who have completed a rehabilitation programme do not attend the Adult Maintenance Programme.
- Participants who have completed the Drug Treatment Programme do not attend the Maintenance Programme.
- Participants who have completed Special Treatment Rehabilitation Programme (STU-RP) are not eligible and should be referred to the local Psychologists office as per the business rules.

SECURITY CLASSIFICATION

Minimum to High, and appropriate to the facility where the programme is held.

LOCATIONS AVAILABLE

All Prison and community sites.

DURATION

The programme consists of at least six (and up to 8) 2.5-hour group (or 1-hour individual) sessions.

Short Motivational Programme - Revised

The Short Motivational Programme - Revised (SMP-R) is designed to enhance the participants' motivation to understand their offending and assist them to learn how to make positive changes in their attitudes and behaviour.

In particular, the programme includes components to increase problem awareness and recognition, reduce ambivalence, address cognitive distortions, consider options, and formulate goals. It focuses on increasing commitment/motivation to change rather than teaching them how to change.

The expected outcomes for offenders who complete the SMP-R are:

- to recognise the behaviours that contribute to their offending.
- be motivated to address the factors that contribute towards their offending.
- be able to formulate goals which will assist them to become offence free.
- be motivated and prepared to participate in rehabilitation programmes /supports in prison or in the community, which address the factors that contribute towards their offending.

TARGET GROUP

Men and women who display low motivation to address their offending behaviour/attend rehabilitative programmes.

ELIGIBILITY CRITERIA

- Age: Any
- Gender: Male and Female
- Risk: Men and women with a RoC*RoI up to 0.69 not serving current sentence for sexual offences. **Note:** Men and women with historical sexual convictions may be accepted into the programme on a case-by-case basis. Men and women with a RoC*RoI 0.7 and above or an index sexual offence should be referred to Psychological Services with the SMP-R identified as the reason for referral.

LOCATIONS AVAILABLE

All Prison (except SHCF), and Community sites.

SECURITY CLASSIFICATION

Any

DURATION

5 structured sessions, 1 per week, each session approximately 1 hour.

Head Start

Head Start is a brief group intervention designed to help participants develop basic skills and coping mechanisms that can enhance wellbeing and support individuals in identifying positive changes they can make to their lives. It will assist participants to manage difficult emotions, behaviours, and thoughts; improve relationship skills; and enhance decision making skills. Head Start was previously called Behavioural Skills Programme.

While the programme *does not* focus on offending, it does provide participants with the opportunity to develop basic skills and coping mechanisms that can be used to navigate life both in prison and in the community. The programme aims to support/enhance treatment readiness and target barriers to engagement in higher intensity, offence focused treatment. Such barriers may include behaviours that maintain a higher level of security classification and hinder progression, and concerns about working in a group environment. The programme can prepare participants for engagement in more targeted, offence focused treatment such as the Medium Intensity Rehabilitation Programme. However, the programme *does not* target motivation and commitment to engage in offence focused treatment.

TARGET GROUP

Men

ELIGIBILITY CRITERIA

- Age: 17 and over.
- Gender: Male Risk:

Risk: Men with a RoC*RoI 0.3 to 0.69 not serving a current sentence for sexual offences. Note: Men and women with historical sexual convictions may be accepted into the programme on a case-by-case basis.

LOCATIONS AVAILABLE

Christchurch Men's Prison, Auckland Prison with other prison locations dependent on resource and need.

- *Note this will also start to be delivered to the remand population from August 2025, initial pilot site SHCF*

SECURITY CLASSIFICATION

Any

DURATION

11 group sessions, 2.5 hours long, 3 to 4 times per week.

Psychology Programmes

HIGH INTENSITY PSYCHOLOGY PROGRAMMES (HIPP) SERVICE LIST

- The High Intensity Psychology Programmes (HIPP) Service List, draws data from COBRA to identify individuals who meet the eligibility criteria, as determined by the business rules, for all Psychology Programmes. Those eligible are placed on the HIPP Service List. The following criteria are generally used:
 - Age
 - Gender
 - Static risk rating
 - Offence and victim type
 - Relevant previous offences
 - Qualifying sentence length
 - Time left on sentence.
 - Security classification
- Individuals can also be manually added if they meet criteria.
- Case managers and psychologists are encouraged to send advice about individuals they identify as suitable for possible selection to the relevant Service List Manager or Manager Psychological Service.

OFFENDER PLAN

- Case managers and Schedulers are notified of an individual's treatment start by the Psychology Programme staff, and this information is uploaded into IOMS and onto the Offender Plan.
- If required, the Psychology Programmes staff will request for the individual to be transferred by Prison Services to the prison/unit where the programme is available (e.g, STU).

SPECIAL TREATMENT UNIT PROGRAMMES – PRISON (OVERVIEW)

The key function of Special Treatment Units (STUs) is to provide specialist, high-intensity treatment to people serving prison sentences who meet the eligibility criteria.

SPECIAL TREATMENT UNITS

- Psychological treatment in a STU is completed in a unit that is created around a therapeutic community (TC) environment. This environment is designed to support and encourage reliable prosocial change.
- A TC is a modality of change and provides a structure to assist in the management of the complex social environment, so it remains therapeutic. The TC is primarily a behavioural intervention, that supports treatment generalisation and maintenance of treatment skills. This environment provides structure and processes for all group participants and staff within the unit to follow. A TC includes other activities to support change and treatment skills practice, including for example, community meetings and activities, reintegration planning, structured days, and employment opportunities.

TARGET GROUP

- Individuals assessed as high risk and having higher treatment-needs. These individuals often have multiple and complex rehabilitative needs and responsivity issues that cannot be adequately addressed in less intensive treatment programmes or interventions. Providing higher intensity specialist treatment to the higher risk group matches the Risk Principle.
- Men who have a repetitive pattern of violent offending behaviour and high risk/needs (STU VO see below). The needs of this group are addressed at Karaka (Waikeria Prison), Puna Tatari (Springhill Prison), Matapuna (Christchurch Men's Prison), and Te Whare Manaakitanga (Rimutaka Prison) Special Treatment Units. Those with community-based sentences can access treatment through Tai Aroha Special Treatment Unit (Hamilton).
- Men who have sexually offended against adult victims (STU AO see below) who have been assessed as high risk and have multiple treatment needs. Assessment and treatment of men who have sexually offended against adult victims is a specialist area. This programme is run periodically at Karaka (Waikeria Prison), Puna Tatari (Springhill Corrections Facility), and Matapuna (Christchurch Men's Prison) STUs. Matapuna has piloted a Moderate Intensity Psychology Programme (MIPP) (~150 hours of group therapy) for people assessed as average/medium risk with a moderate number of treatment needs. This has not been added to the suite of programmes offered by the department.
- Men who have sexually offended against child victims (STU CSO see Sexual Offending section). Assessment and treatment of men who have sexually offended against children is a specialist area. Two programmes are offered at Te Piriti (Auckland Prison) and Kia Marama (Rolleston Prison) to accommodate a range of risk and need level. The high intensity STU programme (~300 hours of group therapy) is offered to people assessed as high risk and who have a number of treatment needs. The Moderate Intensity Programme (MIPP) (~150 hours of group therapy) is for people assessed as average or moderate risk with a moderate number of treatment needs.

- Women who have complex needs and are considered at high risk of reoffending. The Kimihia Programme is an intensive group-based programme available at He Tohu Oranga (Auckland Region Women's Corrections Facility) and Te Waihora (Christchurch Women Prison).
- Ad hoc requests:
 - Ad hoc requests will be identified by the requesting agency and will be subject to the approval of the STU Manager Psychological Services.

Sexual Offending

Moderate Intensity Psychology Programme for Sexual Offending (MIPP)

The Moderate Intensity Programme Psychology (MIPP) for sexual offending provides a group-based intervention for people with harmful sexual behaviour who have been assessed with moderate risk and need.

The MIPP-ASO (adult sexual offending) has been piloted but is currently not available as part of the suite of programmes.

The MIPP-CSO (child sexual offending) is delivered by therapists from the Kia Marama and Te Piriti STUs.

This intervention is approximately 6-7 months in duration, and this includes 4-weeks for a comprehensive psychological assessment, 150 hours (5 months) of group-based treatment intervention and 4-weeks for post-treatment psychological report preparation. Within the group-based intervention the men will have an opportunity to develop insight into their offending through the preparation of an offence

Where psychological assessment indicates a higher level of recidivism risk (above average to well above average) or elevated sexual deviance an override to the high intensity STU CSO programme will be considered.

TARGET GROUP AND SELECTION PROCESS

- The national HIPP service list automatically identifies individuals eligible for the MIPP.
- Te Piriti and Kia Marama Managers Psychological Service (MPS) are responsible for scheduling individuals to undertake the CSO-MIPP in a fair and timely manner. Those who have exceeded, or are within 2 years of their PED, are considered a priority.
- If assessed as suitable (e.g., motivated to attend, accepting responsibility for their offending, able to work in a group setting), individuals are tentatively scheduled to a programme.

ELIGIBILITY CRITERIA

- Age: 20 years and over (18–19-year-olds are considered on a case-by-case basis)
- Gender: Male/housed within men's prison
- Assessed as average/moderate risk of sexual reoffending (e.g., an ASRS-R score 0, 1 or 2 or through psychological assessment override). Individuals who have an ASRS-R score of 3 and who psychologists assess as **not** requiring a high intensity treatment programme will also be considered.
- Child sexual offending - At least one conviction for a child sexual offence or admits to child sexual offending (male or female victims).
- Individuals with a Life sentence would be considered on a case-by-case basis for the MIPP programme.
- Must have enough time remaining on their sentence to complete the programme which would likely be at least twelve months to allow for triage, scheduling, transfer, assessment, programme completion and post-treatment report.

SECURITY CLASSIFICATION

Minimum to low-medium.

LOCATIONS AVAILABLE

Available in prison only: CSO at Rolleston Prison and Auckland Prison. (ASO not currently available)

DURATION

The length of the entire intervention is approximately 6-7 months.

Special Treatment Unit: Child Sexual Offending (STU-CSO)

The two Special Treatment Units (STUs) for child sexual offending are: Kia Marama (Rolleston Prison) and Te Piriti (Auckland Prison).

They are both high-intensity programmes that deliver group-based treatment within a therapeutic environment for men with convictions for sexual offences against children (male or female). Their aim is to reduce re-offending by:

- motivating men to want to change by addressing the risks and effects of their individual offending.
- reducing the recidivism risk of men who have sexually offended against children, using intensive group treatment that targets risk factors associated with re-offending.
- increasing the safety for children in society by providing the participants with life-long skills that will assist them to manage their risk factors.

The programme includes constructing an offence map, challenging attitudes and thinking that support offending, managing emotions and behaviour, managing relationships, sexual self-management, managing conflicts, and developing safety plans. The programme helps participants to understand their offending, while motivating them to learn new skills that will help them manage future risk. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors/needs, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

TARGET GROUP

Those convicted of, or have admitted to, one or more sexual offences against someone under the age of 16, or offences related to child sexual abuse images and are assessed as having high treatment needs and at least moderate-high risk of reoffending.

ELIGIBILITY CRITERIA

- Age: 20 years and over (18–19-year-olds are considered on a case-by-case basis)
 - Gender: Male/those housed in men's prison
 - Considered to be at least above average or well above average risk of reoffending or as requiring high intensity treatment (e.g., ASRS-R score of 3 or higher or through psychological assessment override).
 - All men with relevant convictions on indeterminate sentences (i.e. life or preventive detention) should be automatically waitlisted regardless of their RoC*RoI or ASRS-R. Further screening/assessment will determine the most appropriate treatment pathway for each individual.
 - At least one conviction for a child sexual offence or offences related to child sexual abuse images (index or prior history) (male or female victims).
- Other considerations:
- The individual should have at least moderate-high rehabilitative needs as indicated by a psychological assessment.
 - The individual must undergo assessment by STU psychologists over a 4-week period once they are scheduled for a treatment programme.
 - At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues, physical limitations, motivational deficits, or major mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.
- Adapted programmes are available run for those with lower cognitive function or who require more experiential learning approaches with reduced literacy demands.
 - Prison sentence length sufficient to complete the treatment programme (approximately 2 years or more).
 - If re-referred to the programme, the individual needs to be considered 'ready' to undertake the programme, including that the reasons for their previous non-completion have been addressed.

SECURITY CLASSIFICATION

Minimum to low-medium.

LOCATIONS AVAILABLE

The programme is delivered internally at two STUs for Child Sexual Offending:

- Kia Marama at Rolleston Prison
- Te Piriti at Auckland Prison

DURATION

Each group contains 10 participants, who meet for 2.5-hour sessions, 3 times a week for 35 weeks (95 sessions total) in addition to other therapeutic community activities. The entire programme takes approximately 9-12 months, as it includes an intensive pre- and post-treatment assessment period. Reintegration and safety planning are included as part of the programme.

Special Treatment Unit: Adult Sexual Offending

The STU ASO is designed for male prisoners assessed as at a high risk of sexual re-offending and have convictions for sexual offences against adults. The programme is a group-based programme that involves individuals actively learning the skills necessary to live without further offending.

The programme includes constructing an offence map, challenging attitudes and thinking that support offending, managing emotions, managing relationships, sexual self-regulation, managing conflicts, and developing safety plans. The programme helps men to understand their offending, while motivating them to take full responsibility for addressing and managing their offending patterns and the problems linked with their offending. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

TARGET GROUP

People with sexual offences against an adult female.

ELIGIBILITY AND ENTRY CRITERIA

- Age: 20 years and over (18- to 19-year-olds are considered on a case-by-case basis)
 - Gender: Male/those housed in men's prison.
 - Considered to be at least above average or well above average risk of reoffending or as requiring high intensity treatment (e.g., ASRS-R score of 3 or higher, or through psychological assessment override).
 - At least one index or previous conviction for an adult sexual offence.
 - All men with relevant convictions on indeterminate sentences (i.e. life or preventive detention) should be automatically waitlisted regardless of their RoC*RoI or ASRS-R score. Further screening/assessment will determine the most appropriate treatment pathway for each individual.
 - Medium to high rehabilitative needs
- Other considerations:
- Sentenced to more than 2 years.
 - At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.
 - Sufficient time to complete the programme.

- Motivated to attend the programme and be honest about their offending and open to changing problematic patterns of behaviour.

SECURITY CLASSIFICATION

Minimum to Low Medium

LOCATIONS AVAILABLE

One treatment group a year is run at their Special Treatment Units situated at three male prison facilities:

- Karaka Unit at Waikeria Prison
- Puna Tatari at Spring Hill Corrections Facility
- Matapuna at Christchurch Men's Prison

To participate in this intervention, men will transfer to the designated site to attend the programme.

DURATION

Approximately 8 months: 3 times a week for 82 sessions of 2.5 hours, plus other therapeutic community activities. Taking account preparation phase of the programme and of pre- and post-treatment assessment requirements, a minimum of one year is usually required to complete the core treatment.

Special Treatment Unit: Violent Offending

The STU VO is divided into four phases broadly based on Livesley's integrated framework for the treatment of personality disorders. The phases include safety and containment (12 sessions); control and regulation (12 sessions); exploration and change (45 sessions); and integration and synthesis (12 sessions).

The programme includes constructing an offence map, challenging attitudes and thinking that support offending especially violence propensity, managing emotions, managing relationships, and managing conflicts, as well as developing safety plans. The programme helps individuals to understand their offending, while motivating them to take full responsibility for addressing and managing their offending patterns and the problems linked with their offending. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

ELIGIBILITY CRITERIA

- Age: 20 years or older (18–19-year-olds can be considered on a case-by-case basis).
- Gender: Male/housed in the men's prison.
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.7 or above or through psychological assessment override).
- Index or previous sentence/s for violent offending.
- All men with relevant convictions on indeterminate sentences (i.e., life or preventive detention) should be automatically waitlisted regardless of their RoC*RoI. Further screening/assessment will determine the most appropriate treatment pathway for each individual.
- Individuals with historical sexual convictions *may* be accepted into the programme on a case-by-case basis in consultation with Psychological Services. However, the violent offending is currently prioritised for treatment.
- High rehabilitative need for violence.
- Prison sentence length sufficient to complete the treatment programme (approximately 2 years or more).
- **Other considerations:** Undergo an extensive assessment by the therapy team at the unit. At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme. Adapted programmes are infrequently run for those with significant intellectual difficulties.

SECURITY CLASSIFICATION

Minimum to Low-Medium.

LOCATIONS AVAILABLE

The programme is delivered by Psychological Services and located in Special Treatment Units at four prisons for men:

- Karaka at Waikeria Prison
- Puna Tatari at Spring Hill Corrections Facility
- Te Whare Manaakitanga at Rimutaka Prison
- Matapuna at Christchurch Men's Prison

To participate in this intervention, individuals will need to transfer to the programme location where scheduled.

DURATION

Group: Approximately 84 sessions – 2.5 hours, 3 days a week, plus other therapeutic community activities.

Taking into account the preparation phase of the programme and of the pre- and post-treatment assessment requirements, a minimum of one year is usually required to complete the core treatment.

Special Treatment Unit: Violent Offending - Tai Aroha – Community Residential Programme

Tai Aroha is a tikanga based high intensity Special Treatment Unit in central Hamilton offering a 16-week violence prevention programme, for up to 10 participants at any time. It offers a residential therapeutic community for men of all cultures and nationalities, providing residents with an intensive therapeutic programme. The participants also have access to mental health clinicians, health and wellbeing activities, education, and planning for employment.

Target participants are male, considered to be at a high risk of committing further violence, and serving community sentences of Home Detention or Intensive Supervision, who have multiple treatment needs related to violent and non-violent offending. Men who are serving custodial sentences of less than two years, and who have Leave to Apply for Home Detention, will also be considered.

The programme includes constructing an offence map, challenging attitudes, and thinking that support offending especially violence propensity, managing emotions, managing relationships, and managing conflicts, as well as developing safety plans. The programme helps men to understand their offending, while motivating them to take full responsibility for addressing and managing their offending patterns and the problems linked with their offending. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

The programme aims to provide a culturally responsive rehabilitation experience, in particular for Māori participants, by respecting and incorporating Tikanga Māori. However, the programme is not exclusively for Māori. Whānau or other support people can play an important role. Participants are followed up and supported after the programme by the team to help facilitate a smoother integration back into the community.

The programme is delivered in an 'open rolling format'. This means participants will be joining the programme at different times and as a placement becomes available. The open rolling format means that participants may be at different stages of the programme at any given time. The programme comprises four phases: assessment and orientation; core group treatment; treatment progression and access to approved activities outside Tai Aroha; graduation and reintegration support.

ELIGIBILITY CRITERIA

- Age: 20-40 years (18–19-year-olds can be considered on a case-by-case basis)
- Gender: Male
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.7 or above or through psychological assessment) override.
- Violent index, previous sentences for violent offending, or undetected history of violence.
- Individuals with historical sexual convictions *may* be accepted into the programme on a case-by-case basis in consultation with Psychological Services. However, the violent offending is currently prioritised for treatment.
- Men serving sentences of Home Detention or Intensive Supervision in the community. Men serving short custodial sentence (less than two years) who have Leave to Apply for Home Detention will also be considered.
- Eligible individuals will have at least four months left on their Home Detention or Intensive Supervision sentences at the time of programme commencement.
- **Other considerations:** Undergo an extensive assessment by the therapy team at the unit. At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme. Adapted programmes are infrequently run for those with significant intellectual difficulties.

SECURITY CLASSIFICATION

N/A

LOCATIONS AVAILABLE

- Hamilton

DURATION

Group: 16 weeks intensive, 4 days a week, plus additional therapeutic community activities.

Short Violence Prevention Programme (SVPP) Group/Individual

The SVPP was designed by the Department of Corrections psychologists to support men with high risk/needs and who are serving short prison sentences or have limited time left on their sentence. The aim is to explore unhelpful patterns of thinking, responding, and behaving in order to break their cycle of re-imprisonment.

The importance of providing interventions to individuals who present with a high risk of reoffending has been well documented (e.g., Andrews & Bonta, 2016), and the STU VO is the Department's current flagship rehabilitative programme for these individuals. The STU VO applies an intensive therapeutic framework to addressing the complex offence-focused needs of men serving prison sentences. However, as a minimum of nine months is usually required for men to complete the core treatment components of the STU VO, access to this programme is restricted to those serving a sentence of more than two years. Consequently, the STU VO is not an accessible rehabilitation pathway for men serving sentences of less than two years.

The programme is currently delivered in both group and individual format.

TARGET GROUP

The SVPP is a 26-session group-based treatment that targets the criminogenic needs of men with high risk/needs serving short sentences of imprisonment.

ELIGIBILITY CRITERIA

- Age: 18 or older
- Gender: Male/housed in a men's prison
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.7 or above or through psychological assessment override).
- Index or previous sentence/s for violent offending.
- Individuals with historical sexual convictions *may* be accepted into the programme on a case-by-case basis in consultation with Psychological Services. However, the violent offending is currently prioritised for treatment.
- Sentence length of less than 2 years. Those with sentences over 2 years can be considered case-by-case if they no longer have enough time to complete STU VO, or they are currently high security and will not have time to reduce their classification and attend a STU VO.

- Sufficient sentence length remaining to complete the treatment programme, approximately four months or more of imprisonment remaining prior to SRD.

SECURITY CLASSIFICATION

Mixed security classifications: Minimum to High.

LOCATIONS AVAILABLE

Available at locations nationwide, as resources allow

DURATION

- 4 months, which includes pre-programme assessment and preparation, core treatment (26 sessions – 3 hours, 3 days a week), and post-programme assessment.
- Individual sessions will be used to support delivery of the core programme content and to address any treatment barriers.

Kimihia (Women's High Intensity Programme)

The Kimihia programme is designed to meet the needs of women (wāhine) who are serving a sentence of imprisonment and who have who are a high risk of reoffending and coming back into Ara Poutama's care. The programme aims to support women to navigate a healthy, crime-free lifestyle for themselves and their whānau.

Kimihia is a bicultural rehabilitation treatment programme which weaves together Te Ao Māori and Western approaches to rehabilitative treatment. The placement of participants into the programme is subject to a psychological suitability assessment. The programme is approximately eight months duration.

The programme comprises group and individual sessions, whānau engagement, reintegration, and wrap-around support.

The group component covers a range of treatment areas. The programme is founded on Maturanga Māori, including pūrākau, Maramataka and Romiromi healing, and weaves the Waka Waiora wayfinding journey with western psychological approaches to rehabilitation. These include cognitive self change, emotional management, distress tolerance strategies, interpersonal effectiveness, and relapse prevention.

The Kimihia programme runs for approximately 30 weeks (eight months) with four days a week of group sessions, additional individual sessions and wrap-around activities and support.

TARGET GROUP

- High-risk/high-need women who are serving a sentence of imprisonment, or those who have violence index offending, and/or have a prior history of persistent violent behaviour and/or have engaged in violence during incarceration.

ELIGIBILITY CRITERIA

- Aged 20 years or older.
- Female (or in a women's prison).
- Sentenced to imprisonment.
- Assessed at high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.5 or above or through psychological assessment).
- Women with RoC*RoI under 0.5 who have violence index offending, and/or have a prior history of persistent violent behaviour and/or have engaged in violence during incarceration are also eligible.
- Those with indeterminate sentences (e.g., life, preventive detention) are eligible but would undergo assessment to determine their treatment need.
- Sufficient sentence length remaining to complete the treatment programme.

Exclusion criteria

- Index sexual offences.
- At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.

SECURITY CLASSIFICATION

All security classifications.

Mixing of classification when appropriate and if appropriate to the facility where the programme is held.

LOCATIONS AVAILABLE

Christchurch Women's Prison (CWP) – Te Waihora Unit.

Auckland Region Women's Corrections Facility (ARWCF) - He Tohu Oranga

DURATION

- The group programme is approximately eight months long.
- Individual sessions will be used to support delivery of the core programme content and to address any treatment barriers.
- Prior to this the participants are required to take part in a suitability assessment and potentially some additional work to prepare them for group therapy. Following the group treatment, participants will engage in maintenance sessions and receive further follow up.

Kōwhiritanga - Psychology led (KOW-Psy led)

The Kōwhiritanga psychology led programme (KOW – Psy led) for women helps participants examine the cause of their offending and develop specific skills to reduce the likelihood of them re-offending. The programme is delivered by a psychologist and a programme facilitator, and the content incorporates a relational approach, taking into account the different ways that women relate to others and form attachments.

Key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence-related problem thinking and feelings.
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue.
- relationship difficulties

Other factors considered are the abuse and victimisation of the women themselves, and substance abuse as they relate to the offence process. However, when these issues are identified as needs, the women are referred to specialist services.

TARGET OFFENDER GROUP

The Kōwhiritanga Psychology led is a group-based programme for female participants that due to offending type or responsivity barriers are better suited to complete a programme with a psychologist instead to the other Kōwhiritanga (see KOW programme)

ELIGIBILITY CRITERIA

- Aged 20 years or older.
- Gender: Female (or in a women's prison) sentenced to imprisonment.

- Risk: open to all risk bands when co-delivered by a psychologist and a facilitator, but women assessed at high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.5 or above or through psychological assessment) and with sufficient sentence length remaining to complete the Kimihia programme will be better suited to complete that programme

Specific criteria:

- Not eligible for the Kimihia programme- Individuals serving a custodial sentence assessed at high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.5 or above or through psychological assessment) and with sufficient sentence length remaining to complete the Kimihia programme will be better suited to complete the Kimihia programme.

Exclusion criteria

- Women eligible for the Kimihia programme with sufficient time in their sentence to complete that programme.
- Index sexual offences.
- At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.

SECURITY CLASSIFICATION

Appropriate to the facility where the programme is held.

LOCATIONS AVAILABLE

All women's prisons (based on demand).

DURATION

- Prison: 56 sessions of 2.5 hours for 3 or 4 times per week

Young Adults' Intervention (YAI)

This framework is designed to provide young adult males (aged 18-24 years), who are assessed as high risk of reoffending or as requiring high intensity treatment, the opportunity to engage in an evidence-based, therapeutic, and culturally responsive intervention. It can be delivered individually or in group format. Participants will develop skills to manage attitudes, thoughts, emotions, and behaviour that lead to offending and disruptive prison behaviour.

The individual version of the YAI is tailored to the client's specific needs/responsivity barriers and location. Young adults will be supported to continue with their appropriate rehabilitation pathway beyond the individual engagement either in prison or the community. As such it is flexible and responsive to the young adult's availability, and particular responsivity barriers such as reducing security classification.

TARGET GROUP

The programme is designed to provide treatment for young men (aged 18-24 years), who are at a high risk of acquisitive, general, sexual, or violent reoffending¹.

ELIGIBILITY CRITERIA

- Age: 18-24 years of age (25–27-year-olds on a case-by-case basis)
- Gender: Male/housed in a men's prison.
- Assessed at high risk of reoffending or requiring high intensity treatment (e.g., RoC*RoI 0.7 or above or through psychological assessment override).
- Not eligible for the STU-VO or SVPP, and/or require preliminary intervention to enhance readiness to attend these programmes.
- Prison sentence length sufficient to complete the treatment programme (approximately 14 weeks [depending on risk and need] remaining before SRD).

¹ Note: we have included young men with violent convictions if they do not meet the criteria/threshold for the STU:VO or the SVPP, or STU:ASO in the case of sexual offending.

SECURITY CLASSIFICATION

YAI (individual) can be delivered from minimum to maximum security.

LOCATIONS AVAILABLE

The YAI is available in all prisons,

DURATION

The individual intervention may vary in duration on a case-by-case basis, depending on treatment goals and needs, so no time constraints apply.

NOTE:

When demand and availability allow, the YAI can be delivered in a group format. The Young Adults Group Intervention (YAGI) is a rolling group programme with no fixed start dates, beginning in prison and transitioning men into the community phase.

Groups may be composed based on operational viability and clinical need of participants (e.g., sexual, violent, acquisitive, adapted etc). In prison, the YAGI involves up to 4 weeks pre-treatment assessment phase and approximately 12 weeks core treatment (depending on risk and need). Ideally, they have a minimum of 14 weeks remaining before SRD.

High Risk Personality Programme-Revised

The High-Risk Personality Programme - Revised (HRPP-R) Prison) provides a flexible, intensive, rehabilitative treatment option for men who have remained at maximum or high security classifications for lengthy periods and are having difficulties reducing their classification due to ongoing concerns about their behaviour management. Specific goals of the programme include:

- Engaging and motivating men classified as high/maximum security, and who are at high risk of reoffending, in meaningful rehabilitative activities.
- Providing participants with the insight and skills to reduce their rate of violent misconduct and disruptive behaviours.
- Enabling a greater opportunity for participants to develop a stable history of institutional behaviour to allow justifiable reductions in their classification.
- Assisting participants to identify meaningful and achievable pathways out of high and maximum-security environments and into other rehabilitative and re-integrative opportunities during their imprisonment.

TARGET GROUP

Males housed in maximum security (Auckland Prison) with significant and ongoing behavioural difficulties, which may be linked with challenging personality characteristics.

ELIGIBILITY CRITERIA

- Age: 20 or older (18–19-year-olds can be considered on a case-by-case basis).
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC*RoI 0.7 or above or through psychological assessment override).
- High or maximum-security classification.
- Lower security individuals (e.g., low-medium classification) who are housed in a high security environment due to behavioural management issues may be considered for the HRPP-R if they are likely to remain in the higher security environment for the duration of the programme/Phase.
- Men who are expected to be available to attend the programme for **at least Phase One (three months)** of the three-phase programme (which is approx. 11 months in total).

- Other considerations:
 - Auckland runs groups of maximum 4-5 participants due to room capacity.

SECURITY CLASSIFICATION

High to Maximum

LOCATIONS AVAILABLE

Auckland Prison

DURATION

The full programme is three phases of approximately 3-4 months per phase - 2.5 hours, 3 days a week, plus 1-hour individual therapy per week. However, most participants need to complete only Phase 1 or 2 before being able to lower their security classification and/or improve their institutional behaviour. Hence, typically treatment is 3 – 6 months and then participants can be referred to other applicable treatment in lower security settings (e.g., STU VO), when applicable.

Te Anga Whakamua

Te Anga Whakamua is a group treatment programme for people in prison who categorically maintain their innocence of sexual offending. The aim of the programme is to reduce the risk of further sexual allegation/conviction through providing treatment targeting assessed criminogenic risk, without attempting to overcome the denial/innocence aspect participants hold.

Local psychological services deliver the programme to eligible persons in their local prisons *if and when* resources allow. This programme can be run in a prison, outside of a Special Treatment Unit.

TARGET GROUP

The programme is designed to provide treatment for men who have had a psychological assessment and been assessed of at least Average risk of future sexual offending.

ELIGIBILITY CRITERIA

Adult males:

- Serving a sentence of imprisonment for index sexual offence convictions.
- Maintain their stance of denial through psychological assessment and at least one Parole Board hearing.
- Have been assessed by a psychologist of being at least Average risk of future sexual offending.
- Note- victims can be male or female; child or adult, or mixed; contact or non-contact.
- Note- men on a 'second strike' (who have no PED) can be considered on a case-by-case basis.
- Note- having an active appeal, or plans to appeal, is not an exclusion criteria.
- Note- if an individual denies their current index sexual offence, but acknowledges past sexual convictions, either standard treatment groups or individual psychology would likely provide a better treatment pathway.

LOCATIONS AVAILABLE

TAW is available in all prisons, at the discretion of the local Manager Psychological Services (MPS).

DURATION

The programme is a closed group format and is approximately 85 hours, designed to be delivered two days per week, allowing for flexibility to accommodate operational requirements. The actual length from start to finish can vary, however it is generally completed within 16 weeks (including whānau hui).

REFERRAL NOTE:

Individuals are primarily identified through internal Corrections systems: HIPP Service List and PsyQ, with responsivity issues related to denial flagged. Although case management can raise people for consideration through local service list management protocols, they cannot refer people directly to the programme.

Once participants are identified and confirmed as attending an upcoming group programme, local Psychology Service List managers are responsible for communicating their placement with their local prison programmes scheduler so as to update IOMS interventions programme placement.

Harmful Sexual Behaviour Against Children (community-based)

The aim of the programme is to help individuals reflect on their harmful sexual behaviour and develop a lifestyle away from such behaviour in the future. The programme provides individual, group and family counselling and support, as well as advice for partners and/or whānau/family members.

Treatment length and type will depend on the individual's assessed risk and needs. Typically, the length of treatment is approximately 6-12 months. For higher risk individuals, youth, and individuals with learning disabilities/low cognitive functioning; a longer period of treatment may be recommended.

Individuals will also periodically undertake system reviews. System reviews provide whānau and other supports an opportunity to give feedback on the individual's progress, risks, and other issues. It is expected that Probation Officers will participate and contribute actively to system reviews.

TARGET GROUP

- Men. (Females are accepted on a case-by-case basis with approval from Senior Advisor HSB)
- Average risk (dynamically rated): Placements are limited to clients in the Average and above risk ratings. ASRS-R is used as an initial triage tool (between -3 and 4), but clinical factors are then used to evaluate official information (JSN, PSOF) for concerning features.
- Must have a conviction for a sexual offence against a child (victim under 16-years old). This includes both contact and non-contact offending – i.e., online offending and child sexual exploitation material.
- Exclusions:
 - Most clients on an Extended Supervision Order (ESO) or Public Protection Order (PPO). These clients will need to be referred to their local Corrections Psychologist Office except in rare and negotiated circumstances.
 - Clients who have satisfactorily completed their recommended treatment already.

LOCATIONS AVAILABLE

The four providers deliver services in the following locations:

- Safe Network (Kaitiaia, Whangarei, Waitemata, Auckland, Manukau, Hamilton, and Tauranga)
- Korowai Tumanako (Auckland, Northland)
- WellStop (Wellington, Palmerston North, Taranaki, and Napier)
- STOP (Christchurch, Dunedin, and Nelson)

When treatment is unavailable in your location (and the individual is unable to travel) alternative options should be discussed with Senior Advisor, Harmful Sexual Behaviour (HSB) at National Office

DURATION

- Individuals must have sufficient time left on community-based sentence to enable completion of assessment and treatment (a typical programme takes 6-12 months).